

# WELLBEING SCRIPT SYSTEM BUILDING

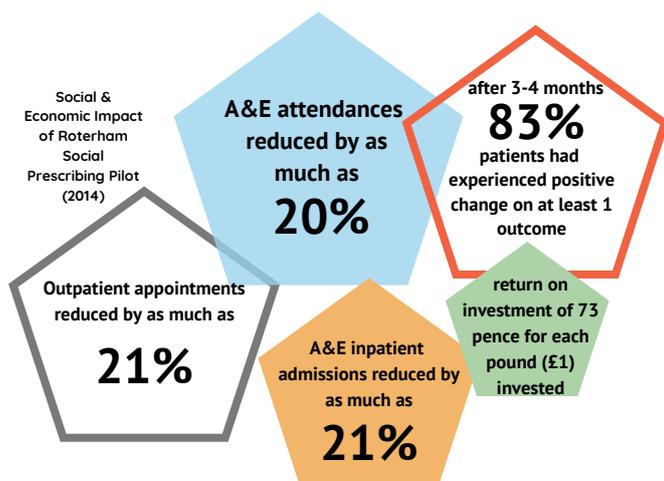
Wellbeing Script System Building is an invitation to health practitioners to codesign and share in the creation of new pathways for health.

## REIMAGINING SECTOR COLLABORATIONS FOR WELLBEING OUTCOMES

Funded by the Federal Government of Australia, Central Highlands Association of Neighbourhood Houses (CHANH) is partnering with Health Futures Australia to co-develop a new system for wellbeing referral in the Central Highlands of Victoria.

Neighbourhood Houses are community led organisations which provide a wide range of opportunities for people to connect, create, participate, learn and volunteer, as well as maintain a broad understanding of other locally based community opportunities.

Elevating the 14 Neighbourhood Houses in our region as "Wellbeing Hubs" presents a significant opportunity in the delivery of health promotion, providing significant possibility for mobilising community resources for health promotion, activities and programs.



This is about linking medical patients with non-medical sources of support within the community to improve health and wellbeing and reduce the strain on the medical system.



## CO-DESIGNING THE WELLBEING SCRIPT SYSTEM TOGETHER

The Central Highlands is a region significantly impacted by chronic disease and preventable risk factors. Rates are among the highest in Victoria for: Obesity and pre-obesity and registered mental health clients (DHHS,2015).

It's time to re-imagine a new solution together! International social prescription models illustrate the success of linking people with non-medical sources of support within communities, both improves health and wellbeing and reduce the strain on the medical system.

The Wellbeing Script System draws on social prescribing methodology to develop a new collaboration between the health sector and the Neighbourhood House sector. Together, clinicians and community leaders will map, model, prototype and scale a systematised approach to link vulnerable people with accessible and engaging community-based activities to elevate health and wellbeing outcomes in our community.

**CONNECTION. HEALTH.  
WELLBEING. AGENCY.**



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**JOIN US TO  
CO-DESIGN A NEW  
WELLBEING SYSTEM**